

## **Sally Batton Clinics at EquiFest:**

### **Thursday March 16<sup>th</sup>: Ride Like a Varsity Athlete (4 participants) for English Riders (11:00am TPEC Arena)**

- Sally will offer insights on how to get riding-fit fast and will also go over common position faults and how correcting these can help your horse. In addition, she'll share her teaching tools that she uses that can help repair just about any position fault, including Eyes-Up Goggles, Magic Bands, Wrist Sticks and Fingers-closed Balls, along with a few others. Participants of any age are welcome. Must be able to walk, trot and canter confidently. Video of riding is requested with application.

### **Thursday March 16<sup>th</sup>: Equicize Part 1 (4-6 participants) both English and Western are welcome (2:45pm Ag Hall Arena)**

- Sally will introduce us to Equicize, a fun, mounted workout system that will get you riding fit fast! Developed by Sally Batton over her 30-year career coaching varsity collegiate athletes, Equicize will help with your cardio and muscular fitness, you'll get riding fit fast and have fun! This is like mounted aerobics and can be for both English and Western riders, any age, and any level (must be able to trot). Video of riding is requested with application.

### **Friday March 17<sup>th</sup>: Biomechanics of Bending (4 to 6 participants) able to comfortably jump a 2'6" course (10:30am TPEC Arena)**

- Learn how adding schooling figures into your everyday flatwork can help improve your horse's tracks in your Hunter or Jumper rounds. Sally Batton will go over the general schooling flatwork figures and then connect them to work over courses for Hunter or Jumper rounds. Arena course will have 6-8 jumps. Video of riding is requested with application.

### **Friday March 17<sup>th</sup>: Polocrosse Special Demo & Game (45 minutes allocated starting at 4:15pm Ag Hall Arena)**

- Does your barn or Pony Club play some Polocrosse? Want to be part of an educational session for the audience? Please email [director@kansashorsecouncil.com](mailto:director@kansashorsecouncil.com) to convey your interest. Sally is the author of the first book published on the sport, Polocrosse: Australian Made, Internationally Played. Sally has completed polocrosse and jumping clinics at Alaska, Hawaii and New England Pony Clubs and riding centers and references are available on request. Sally was named as the coach for the United States Polocrosse Team U16.

### **Saturday March 18<sup>th</sup>: Equicize Part 2 (4-6 participants) both English and Western are welcome (2:15pm TPEC Arena)**

- Sally will continue to the next level of Equicize, a fun, mounted workout system that will get you riding fit fast! Developed by Sally Batton over her 30-year career coaching varsity collegiate athletes, Equicize will help with your cardio and muscular fitness, you'll get riding fit fast and have fun! This is like mounted aerobics and can be for both English and Western riders, any age, and any level (must be able to trot). Video of riding is requested with application.

### **Don't miss Sally Batton's workshop presentation: Riding in College: Saddles, Studies & Showing (Time/Day TBA)**

- What does it take to become a Collegiate Rider? Sally Batton will discuss what it takes to get recruited and make the roster on a collegiate equestrian team, the differences between the IHSA, the NCEA, and the other groups that make up collegiate riding, and what you can do to improve your chances of riding through college. Sally Batton was the head coach of the Dartmouth College Varsity Equestrian Team for 29 years and sent many riders to the IHSA National Championships. She is the host of the Athletic Equestrian Riding in College Podcast. Her team has won 5 Ivy Championships, 6 Regional Championships and a Zone Championship.

March 16, 17, 18 & 19, 2023

Salina, KS

**Sally Batton's Demo Rider Application & Agreement**

**Deadline February 17, 2023**

Please complete this entry application and submit with a cover letter providing your experience and interest in participating at Equifest. **Please include information of experience with your demo horse including any details which provide background story. Please include an exhibition video of your ride on horse you are applying to demo on.**

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|--------------------------------|---|
| <b>Name of Rider:</b>          | <b>Name of Horse:</b>                   |
| <b>Clinic Title Requested:</b> | <b>Parent or Guardian (if under 18)</b> |
| <b>Address:</b>                | <b>City, State, Zip:</b>                |
| <b>Email:</b>                  | <b>Cell Phone:</b>                      |

Fee for clinic participation is \$150. This provides one stall for 1 night. Plus, one complimentary bag of shavings, as well as 2 daily wristbands for rider, and a guest or horse caregiver for day of clinic.

You will receive 1 arena hour plus personal visit with Sally Batton.

Additional wristband passes may be purchased in advance at a discount. Deadline is February 17, 2023. Stall shavings are available for purchase on site or may be pre-ordered for delivery to your stall.

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|---|-----------------|--------------|
| <b>CLINIC FEE: \$150</b>                | <b>QTY 1</b>    | <b>\$150</b> |
| <b>THURSDAY PASS: \$10</b>              | <b>QTY ____</b> |              |
| <b>FRIDAY PASS: \$10</b>                | <b>QTY ____</b> |              |
| <b>SATURDAY PASS: \$10</b>              | <b>QTY ____</b> |              |
| <b>3-DAY (THURSDAY –SATURDAY): \$25</b> | <b>QTY ____</b> |              |
| <b>SUNDAY IS FREE ADMISSION</b>         | <b>SUBTOTAL</b> |              |

I/We understand that I, my farm and employees have read and will be exhibiting under the rules and regulations set forth by the Kansas Horse Council, Inc., and EquiFest of Kansas. All participants associated with my exhibit area are aware of these regulations and guidelines and agree to abide by them. Further I/we understand and agree that Kansas Horse Council, Inc., and EquiFest of Kansas employees and agents will not be held responsible for any injury, loss or damage to any person, animal or equipment. Under Kansas law there is no liability for an injury to or the death of participant in domestic animal activities resulting from the inherent risks of domestic animal activities, pursuant to K.S.A. 60---4001 through 60---4001. I/We understand that all applications are subject to approval. In addition to all other damages which may be recoverable by the Kansas Horse Council, Inc., the Council shall be entitled to recover all of its attorney fees and any other reasonable costs of collection with regard to any monies due it and not paid in accordance with the terms of this agreement, or which may be incurred by the Kansas Horse Council, Inc., in order to enforce any other term or provision of this agreement which has been breached by any other party or parties signatory hereto. The parties signatory hereto stipulate and agree that this contract shall be governed by the laws of the state of Kansas and any suit by either party to enforce any term or provision of this agreement or for breach of this contract must be filed in court of general jurisdiction

**I have read and understand all the Rules, Regulations and Guidelines of the Kansas Horse Council, Inc., and EquiFest of Kansas regarding participation in this event. I agree to abide by those Rules, Regulations and Guidelines. I further agree to hold Kansas Horse Council, EquiFest and Manager of EquiFest harmless for any liable action that may occur because of said party's actions. This contract will be governed by the laws of the state of Kansas. In addition to damages recoverable by Kansas Horse Council and EquiFest management in case of noncompliance, all attorney fees and collection expenses will be the responsibility of the contracted party's signing this contract.**

**SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_**

**EquiFest of KS/Kansas Horse Council, 8831 Quail Lane, Suite 201, Manhattan, KS 66502**

**Email: [director@kansashorsecouncil.com](mailto:director@kansashorsecouncil.com). Phone: 785-776-0662**